



**FRED SHEARER & SONS, INC.**  
**ESTABLISHED 1916**

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| <b>Job Hazard Analysis</b>  |  | <b>JHA # 32</b>   |
| <b>Job/Task Title: Stilt Use</b>  |  |   |
| <b>Safe Job Procedure:</b>  |  | <b>Revised 11/2024</b>  |
| <p>This JHA is for the safe and successful use of Stilts to access work area. Special emphasis is placed on housekeeping and being aware of your work area.</p> |  |   |
| <b>WORKERS MUST READ AND UNDERSTAND JHA #0 BEFORE BEGINNING ANY TASK</b>  |  |   |
| <b>Review JHA's #30 Covering/Cleanup</b>  |  |   |
| <b>Step #1 Use of Stilts</b>  |  |   |
| <b>Steps to Complete Job</b>  | <b>Hazards</b>   | <b>Preventive Measures</b>  |
| Inspect stilts before use and set up work area for safe operation.  | Worker has the potential to be exposed to cuts, slips, trips, and falls. | 1) Stretch and flex before beginning of the shift and after lunch. Stretch throughout the shift when needed to reduce or eliminate muscle strains.  |
|   |  | 2) Thoroughly inspect stilts for any defects and fill out a daily stilt inspection form before use.   |
|   |  | 3) Excellent housekeeping is a must. Remove all obstacles and trip hazards from work areas prior to mounting stilts. Depending on the job, this may need to be done each time you put stilts on. In high traffic areas, consider controlling task areas with caution tape to keep stilt users safe. |
|   |  | 4) Never use stilts when working within 10 feet of a leading edge.  |
|   |  | 5) Stilts that have been altered in any way must be red tagged and taken out of service.  |
| Mounting Stilts.  | Worker will be exposed to trip and fall hazards.                         | 1) To put stilts on, use a baker or roll and fold scaffold against a wall with all four wheels locked.  |
|   |  | 2) Ensure area in front of platform is clear of any trip hazards.   |
|   |  | 3) Stand up on stilts and tighten straps again.   |
| Using Stilts to access work.  | Worker will be exposed to slip, trip, and fall hazards.                  | 1) Constantly be aware of changes to your work area.  |
|   |  | 2) Continually watch where you are stepping.  |
|   |  | 3) Running or horseplay is never allowed.   |
|   |  | 4) Clean up mud spills quickly to avoid slippery conditions.  |



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| Dismounting Stilts. | Worker will be exposed to slip, trip, and fall hazards. | 1) Use a baker or roll and fold scaffold against a wall with all four wheels locked when removing stilts.           |
|                     |   | 2) Ensure area in front of platform is clear of any trip hazards.   |
|                     |   | 3) Strap both stilts together and close calf straps. Store in a designated secure location at the end of the shift. |